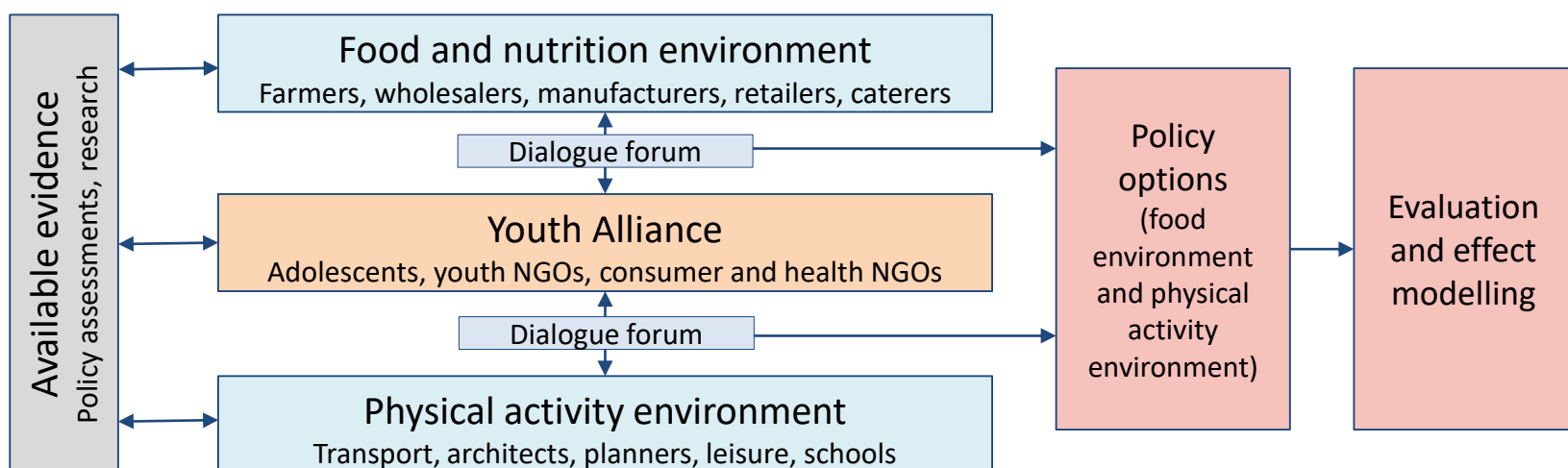


## Are we listening to young people?

**A 5-year, €10m EU-funded project will encourage youth involvement in tackling obesity and promoting good health.**

The CO-CREATE project (Confronting Obesity: Co-creating policy with youth) will work with adolescents to create, inform and disseminate policies to tackle obesity among their peers. The project will use a societal systems approach to understand how factors associated with obesity interact at various levels. The project focuses on adolescence as a crucial age-group with increasing autonomy, soon to be the next generation of adults, parents and policymakers, and thus important agents for change. CO-CREATE will involve and empower adolescents and youth organizations to foster a participatory process of identifying and formulating relevant policies, assessing the options with other private and public actors, promoting relevant policy actions and developing tools and strategies for implementation.



**Project duration 60 Months:** May 2018 – April 2023

**Consortium:** The Norwegian Institute for Public Health (Coordinator), the University of Amsterdam, the University of Oslo, the London School of Hygiene and Tropical Medicine, Centro de Estudos e Investigação em Dinamicas Sociais e Saúde (Portugal), PRESS (Norway), SWPS Uniwersytet Humanistycznospoleczny (Poland), the University of Bergen, the EAT Stockholm Food Forum, the World Cancer Research Fund International, and the World Obesity Federation. With the University of Cape Town, Deakin University (Australia), and the University of Texas.

**More details:** [www.co-create.eu](http://www.co-create.eu)

